

HSE 210 Final Project Guidelines and Rubric

Overview

The final project for this course requires you to analyze the provided case study to identify basic client inpatient and post-discharge needs. As you will see, the analysis of this case requires awareness of trauma and recovery and the fundamentals of ongoing care for neurological disorders and resultant paralysis, as well as sensitivity to health and lifestyle issues associated with aging. Based on the identified needs, you will develop a **collaborative care guide**, including several essential elements. To create this guide, you will assess research findings to identify goals and evidence-based strategies to address these needs or gaps in services for both inpatient and post-discharge care. You will identify the recommendations you will make during the multidisciplinary care planning session, while being sure to address any financial deficits that are identified for the patient. In your work, you will incorporate appropriate medical terminology to enhance comprehension of care plan objectives for all stakeholders.

The project is divided into **three milestones**, each including elements of the final project. These milestones will be submitted at various points throughout the course to scaffold learning and ensure quality final submissions. Milestones will be submitted in **Modules Three, Four, and Five**. The final product will be submitted in **Module Seven**.

In this assignment, you will demonstrate your mastery of the following course outcomes:

- Illustrate the complexity of navigating the U.S. healthcare system for addressing its impact on patients
- Analyze the role of the human services worker and interdisciplinary teams for improving patient care and outcomes
- Apply best practices in the creation of inpatient and discharge care plans
- Develop basic strategies for addressing financial challenges faced by individual patients
- Analyze the forces that have influenced the evolution of the U.S. healthcare system

Case Study

Jean is an 87-year-old woman who was admitted to Manchester Community Hospital, in Manchester, New Hampshire, after having a debilitating stroke that paralyzed the left half of her body. She is a widow, and her three adult children live in different states. She needs assistance eating, transferring to her wheelchair, and most other activities of daily living. Her medical issues related to the stroke are quickly being resolved, and it is time to begin assessing her needs for discharge and post-discharge. It is important to note that Jean's savings have been totally depleted and her medical bills are mounting since her healthcare insurance has proven to be inadequate to cover her medical expenses. Her limited pension and social security barely covered her living expenses prior to her stroke and are unlikely to cover the escalating expenses that she will undoubtedly encounter based on her medical condition. Moreover, Jean has been clinically diagnosed with PTSD after being raped by a neighbor in her home two years ago. She is still grappling with the effects of the trauma, even as the criminal case against the perpetrator slowly moves forward. Although her family modified the home to make it more secure and less vulnerable to intrusion, her current lack of mobility is weighing heavily on her psychologically. Despite her current issues, Jean derives great comfort from her faith as a devout Catholic. She

typically has a wonderful sense of humor and is highly organized, having worked as an elementary school teacher during her earlier years. She participates regularly in the local garden club and on her neighborhood welcoming committee. She has a wide circle of friends with whom she interacts. Her children are currently staying in Manchester to oversee her care and to contribute to the development of her post-discharge care plan. It is unclear whether any of the children will stay on after her discharge to help care for Jean, but this seems unlikely unless considered essential by the medical team. An interdisciplinary team is being developed to design a comprehensive plan for Jean's post-discharge care.

Prompt

Based on your analysis of the case study, develop a collaborative care guide in which you assess the client's needs, make recommendations concerning the interdisciplinary team, and create a follow-up care plan. Remember to use healthcare terminology when appropriate.

Specifically, the following critical elements must be addressed:

I. Introduction

- A. Based on an analysis of the case study, research and select the most appropriate **research-based strategies** to use with this client. What are the most effective strategies used with this client population? Why?

II. Inpatient Assessment

- A. In a narrative format, provide an overview—using a strengths-based focus—to identify the **inpatient client needs** represented in the context of the case.
 1. What are the central physiological, emotional, social, and environmental issues facing this client?
 2. How will her strengths help her make any needed transitions?
 3. Does trauma impact this client? How?
- B. What **potential complexities** could the client encounter during her inpatient stay? How will these complexities impact the client?
- C. What types of **strategies** could you employ in this setting to ensure that the client is not re-traumatized?
- D. Develop effective strategies to address the client's **inpatient financial needs**. How can you best facilitate access to recommended services?
 1. What resources might be available in her community to fill unmet financial needs?
 2. Are there state or federal resources available to assist this client?

III. The Interdisciplinary Team

- A. Based on the case study, ideally **who should serve** on the interdisciplinary team tasked with developing the client's care plan? Why?
- B. Analyze the **role** of each member of the interdisciplinary team in relation to the following:
 1. **Improving patient care**. For instance, you might consider the role of a team member who would have day-to-day interaction with the client throughout the client's hospital stay.

2. **Improving patient outcomes.** For instance, you might consider the role of a team member who would be responsible for developing cost-effective outcomes.

C. What strategies should be implemented by the team to **ensure the patient understands** the terms and outcomes of the post-discharge plan?

IV. Follow-Up Care Plan

Based on all of the client's needs, create a comprehensive follow-up care plan. Include the following:

A. Applying best practices, explain the basic post-discharge **client needs** represented within the case study.

B. Develop strategies to arrange **provision of services** to the client.

C. Develop effective strategies to address the client's **post-discharge financial needs**. What strategies will you use to ensure client access to recommended services?

V. Conclusion

A. Based on the case study, how would the difficulty of navigating the **available resources** for both inpatient and discharge needs impact the client?

B. What **long-term effects** will the strategies you developed for addressing the client's inpatient and post-discharge financial deficits potentially have?

C. Describe the **expected outcomes** of this care plan.

VI. Academic Reflection

A. Reflect on your **decisions and choices** in the care plan based on the forces that have influenced the U.S. healthcare system.

B. How has the evolution of the U.S. healthcare system positively **impacted patients** such as the one in this case? Negatively?

Milestones

Milestone One: Introduction (Section I)

In **Module Three**, you will submit a draft of Section I of the final project. Based on your analysis of the case study, research and select the most appropriate research-based strategies to use with this client. What are the most effective strategies used with the client populations that Jean represents, including people who suffer the effects of stroke, those diagnosed with PTSD, and seniors who are gradually giving up some of their independence. Provide an overview, using a strengths-based focus, to identify client needs represented in the context of the case. **This milestone will be graded with the Milestone One Rubric.**

Milestone Two: Inpatient Assessment and the Interdisciplinary Team (Sections II and III)

In **Module Four**, you will submit a draft of Sections II and III of your final project, identifying the inpatient needs and the interdisciplinary team tasked with developing Jean's care plan. **This milestone will be graded with the Milestone Two Rubric.**

Milestone Three: Follow-Up Care Plan and Conclusion (Sections IV and V)

In **Module Five**, you will submit a draft of Sections IV and V of your final project, creating a follow-up care plan and drawing conclusions about expected patient outcomes and the effects of navigating available resources. **This milestone will be graded with the Milestone Three Rubric.**

Final Submission: Collaborative Care Guide

In **Module Seven**, you will submit your final project. It should be a complete, polished artifact containing **all** of the critical elements of the final product. It should reflect the incorporation of feedback gained throughout the course. **This submission will be graded with the Final Project Rubric.**

Deliverables

Milestone	Deliverable	Module Due	Grading
One	Introduction (Section I)	Three	Graded separately; Milestone One Rubric
Two	Inpatient Assessment and the Interdisciplinary Team (Sections II and III)	Four	Graded separately; Milestone Two Rubric
Three	Follow-Up Care Plan and Conclusion (Sections IV and V)	Five	Graded separately; Milestone Three Rubric
	Final Project Submission: Collaborative Care Guide	Seven	Graded separately; Final Project Rubric

Final Project Rubric

Guidelines for Submission: Your collaborative care guide should be 6 to 8 pages in length (plus a cover page and references) and must be written in APA format. Use double spacing, 12-point Times New Roman font, and one-inch margins.

Critical Elements	Exemplary (100%)	Proficient (85%)	Needs Improvement (55%)	Not Evident (0%)	Value
Introduction: Research-Based Strategies	Meets “Proficient” criteria and cites scholarly research that is aligned with claims	Selects appropriate research-based interventions and strategies, identifies effective strategies used with the client population, and explains why they are effective	Selects appropriate research-based interventions and strategies but does not identify effective strategies used with the client population or does not explain why they are effective	Does not select appropriate research-based interventions and strategies	5.7
Inpatient Assessment: Inpatient Client Needs	Meets “Proficient” criteria, and overview is well qualified with concrete examples	Comprehensively assesses the inpatient client needs represented in the context of the case study	Assesses the inpatient client needs represented in the context of the case study but is not comprehensive or overlooks relevant factors	Does not assess the inpatient client needs	5.7
Inpatient Assessment: Potential Complexities	Meets “Proficient” criteria and offers a nuanced insight into the complexities of the healthcare system and its impact on patients	Accurately identifies potential complexities and impacts on the client	Identifies potential complexities the client could encounter during her inpatient stay but does not address possible impact or lacks accuracy	Does not identify potential complexities	5.7
Inpatient Assessment: Strategies	Meets “Proficient” criteria, and strategies are well qualified with concrete examples	Describes strategies that could be employed in the setting to ensure the client is not re-traumatized	Describes strategies that could be employed in the setting to ensure the client is not re-traumatized, but description lacks detail or is inaccurate	Does not describe strategies that could be employed to prevent re-traumatization	5.7
Inpatient Assessment: Inpatient Financial Needs	Meets “Proficient” criteria and cites well-researched and viable sources of financial support to meet the client’s needs	Develops effective strategies to address the client’s inpatient financial needs and makes appropriate recommendations to best facilitate access to services	Develops strategies to address the client’s inpatient financial needs but does not make appropriate recommendations to facilitate access to those services, or strategy is not effective	Does not develop strategies to address the client’s inpatient financial needs	5.7

The Interdisciplinary Team: Who Should Serve	Meets “Proficient” criteria, and justification is well supported with concrete examples	Accurately describes and justifies who should serve on the interdisciplinary team tasked with developing the client’s care plan	Describes who should serve on the interdisciplinary team tasked with developing the client’s care plan but does not justify decision or overlooks relevant factors	Does not describe who should serve on the interdisciplinary team	5.7
The Interdisciplinary Team: Role, Improving Patient Care	Meets “Proficient” criteria and draws connections between member roles and success of patient care	Analyzes the role of each member of the interdisciplinary team in relation to improving patient care	Analyzes the role of members of the interdisciplinary team in relation to improving patient care, but overlooks some members, or analysis lacks detail	Does not analyze the role of members of the interdisciplinary team in relation to improving patient care	5.7
The Interdisciplinary Team: Role, Improving Patient Outcomes	Meets “Proficient” criteria and draws connections between member roles and success of patient outcomes	Analyzes the role of each member of the interdisciplinary team in relation to improving patient outcomes	Analyzes the role of members of the interdisciplinary team in relation to improving patient outcomes but overlooks some members, or analysis lacks detail	Does not analyze the role of members of the interdisciplinary team in relation to improving patient outcomes	5.7
The Interdisciplinary Team: Ensuring the Patient Understands	Meets “Proficient” criteria and offers insight into why the identified strategies are appropriate in the context of the case	Suggests appropriate strategies that should be implemented by the team to ensure the patient understands the terms and outcomes of the post-discharge plan	Suggests strategies that should be implemented by the team to ensure the patient understands the terms and outcomes of the post-discharge plan, but suggestions are not appropriate for this client	Does not suggest strategies the team should implement to ensure understanding	5.7
Follow-Up Care Plan: Client Needs	Meets “Proficient” criteria and corroborates the appropriateness of the post-discharge assessment by citing research	Accurately explains the basic post-discharge client needs represented within the case study	Explains the basic post-discharge client needs represented within the case study, but explanation is not accurate or lacks detail	Does not explain the basic post-discharge client needs	5.7
Follow-Up Care Plan: Provision of Services	Meets “Proficient” criteria and offers insight into why the identified strategies are appropriate in the context of the case	Develops effective strategies to arrange provision of services to the client	Develops strategies to arrange provision of services to the client, but strategies are not effective	Does not develop strategies to arrange provision of services	5.7

Follow-Up Care Plan: Post-Discharge Financial Needs	Meets “Proficient” criteria and offers insight into why the identified strategies are appropriate in the context of the case	Develops effective strategies to address post-discharge financial needs and ensure client has access to services	Develops strategies to address the client’s post-discharge financial needs, but strategies are not effective, or does not give strategies to ensure that the client has access to those services	Does not develop strategies to address the client’s post-discharge financial needs	5.7
Conclusion: Available Resources	Meets “Proficient” criteria and offers a nuanced insight into the complexity of the healthcare system and its impact on patients	Describes how the difficulty of navigating the available resources for both inpatient and discharge needs would impact the patient, based on the case study	Describes how the difficulty of navigating the available resources would impact a patient but does not relate description to the case study or neglects to describe both inpatient and discharge needs	Does not describe how the difficulty of navigating the available resources would impact the patient	5.7
Conclusion: Long-Term Effects	Meets “Proficient” criteria and uses concrete examples to substantiate claims	Describes the potential long-term effects of the developed strategies for addressing the client’s inpatient and post-discharge financial deficits	Describes the potential long-term effects of the developed strategies for addressing the client’s inpatient and post-discharge financial deficits, but description lacks detail or overlooks relevant factors	Does not describe the potential long-term effects	5.7
Conclusion: Expected Outcomes	Meets “Proficient” criteria and uses concrete examples to substantiate claims	Comprehensively describes the expected outcomes of the care plan	Describes the expected outcomes of the care plan, but description is not comprehensive	Does not describe the expected outcomes	5.7
Academic Reflection: Decisions and Choices	Meets “Proficient” criteria and supports decisions and choices with specific, relevant examples	Reflects on decisions and choices in the care plan based on the forces that have influenced the U.S. healthcare system	Reflects on decisions and choices in the care plan but does not base decisions and choices on the forces that have influenced of the U.S. healthcare system	Does not reflect on decisions and choices	5.7
Academic Reflection: Impact on Patients	Meets “Proficient” criteria and uses scholarly research to illustrate claims	Comprehensively explains how the evolution of the U.S. healthcare system positively and negatively impacted patients such as the one represented in the case	Explains how the evolution of the U.S. healthcare system positively and negatively impacted patients such as the one in the case, but explanation is not comprehensive or does not include both the positive and negative impacts	Does not explain how the evolution of the U.S. healthcare system positively and negatively impacted patients such as the one in the case	5.7

Southern New Hampshire University

Articulation of Response	Submission is free of errors related to citations, grammar, spelling, syntax, and organization and is presented in a professional and easy to read format	Submission has no major errors related to citations, grammar, spelling, syntax, or organization	Submission has major errors related to citations, grammar, spelling, syntax, or organization that negatively impact readability and articulation of main ideas	Submission has critical errors related to citations, grammar, spelling, syntax, or organization that prevent understanding of ideas	3.1
				Total	100%